

GURU - RESIDES IN YOU

श्री गुरुभ्यो नमः

Dr. Satish K. Shukla

Guru - is one who enlightens you, about the physical nature of the world and inner spiritual knowledge to understand the depth of cosmic and true prevalent knowledge of subjects around. He is your guide at every step and make you learn what is right and wrong and its true values. You grow and start learning various subjects in school, guided by your TEACHER, (Guru) in developing your mind academically and physically. At every step of life someone or else is guiding you and make you learn to step further in right direction to learn, earn and be happy.

At birth child takes proper posture, cry for help, suck thumb a sign of hunger and many actions learnt inheriting by GURU in him. ATMA or Soul is inner non-physical, invisible part and strength keeps you alive, but GURU in you - make you learn at every step and guide you the basics of life and truthful living. Dominant physical stress of outside world does not allow inner GURU to guide but go back stage to be observant and watch for the time. Even in this situation inner consciousness (GURU) does come out to tell you the true path but needs someone to listen his voice and follow to take right direction. Some call it as "INNER CONSCIOUSNESS" which sides with all truthful actions and try to put breaks on wrong ones. Time blunts or sharpens the individual wisdom to listen GURU's voice and help, motivate and show path of salvation.

Dream - a person is not physically in the sense of waking state, but in a state of sub consciousness. Moving around without moving his physical body. In true sense nothing is happening and called as "DREAM CONSCIOUSNESS".

Without GURU's direction, life is a dream with lots of happenings and movements but no RESULT.

Soul is eternal, not created or destroyed. Birth gives a body to a soul, exists for a while (LIFE SPAN), and leave. This period of life span is a period of "GURU" - a part of soul to guide to achieve sense of fulfilment to serve his creation (HUMANS) for the goodness of people to serve his duty.

World is a Movie. Every one is playing a role and character, some good and some bad. Spectators get attached and emotional to some character, and some take lesson bad or good and act in real life accordingly There are stages of learning and GURU directs you to open your eyes and mind to appreciate character and take positive from it. You have to develop your own strength, where

family values and family environment help in developing yourself to listen to the voice of your consciousness i.e. - Your GURU.

BIBLE says - "blessed are the poor for there is the Kingdom of HEAVEN. The reference to the poor is in terms of Humility. Humility is the essence of all spirituality. For enlightenment, no line is drawn to demarcate poverty or richness. Poverty criteria are relative, dynamic and situational. These thoughts only GURU can make you understand to be happy in all situations. KABIR earning from weaving cloth while Raja JANAK, a KING with all the wealth, but have same spiritual wave length of good to people and serve his creation. Both are happy in their own way.

Every one has inner Guru, but everyone is not wealthy, a parameter of happiness by our society. In true sense, money does not give happiness. Listen to advice of your Guru of self-containment, selflessness, ego beyond service, and respect all with equality. To feel HAPPY and let others feel happy with your deeds is ultimate which GURU teaches. How many of us with all physical comforts feel "TRUE HAPPINESS"? Desire of more take this bliss away to enjoy outer brightness without inner self joy.

Bill Gates and Melinda, founder of MICROSOFT, donated major part of their earning to "GATES FOUNDATION" serving poor people. Bill says no use of money beyond certain point. Its utility is to build organisation and getting resources out to the poorest in the World. For enlightened RICH, there is no SIN greater than letting others live in ignorance, and poverty. Charity joins hands with spirituality, develop an equality among all and feeling of one and one all. This make us learn by our own self as preached by our own self GURU.

Guru Nanak the latest Saint of modern era born in 15th Century. Founded Sikh religion on fundamental basis of equality, respect, divine justice, humility, purity of heart, KARAM, and live truthful life to serve humanity. He learned those while in meditation for three days and came back to enlighten world. This power of inner self realization is through our own consciousness, the self "GURU". He has shown the path. You close your eyes and meditate for a while and same vision will tell you the truth of life and passage to happiness. You have power to transform your external life also by following your own GURU and be successful to guide others and keep every one happy.

Sorrow and pains are part of life. Guru teaches to be patient, control your energy and act wisely and truthfully. Time changes and so also your period to success and happiness. Do not blame anyone - Guru says. Destined Phases will

come and go, but teach you to be bold and understand reality. Life is short but has all phases of weather. SUN is always there to cherish you.

Friends, let us search ourselves, listen GURUBANI of self GURU to make the world a peaceful place to live without conflicts and make you a Massiah of your own self to be above others.
